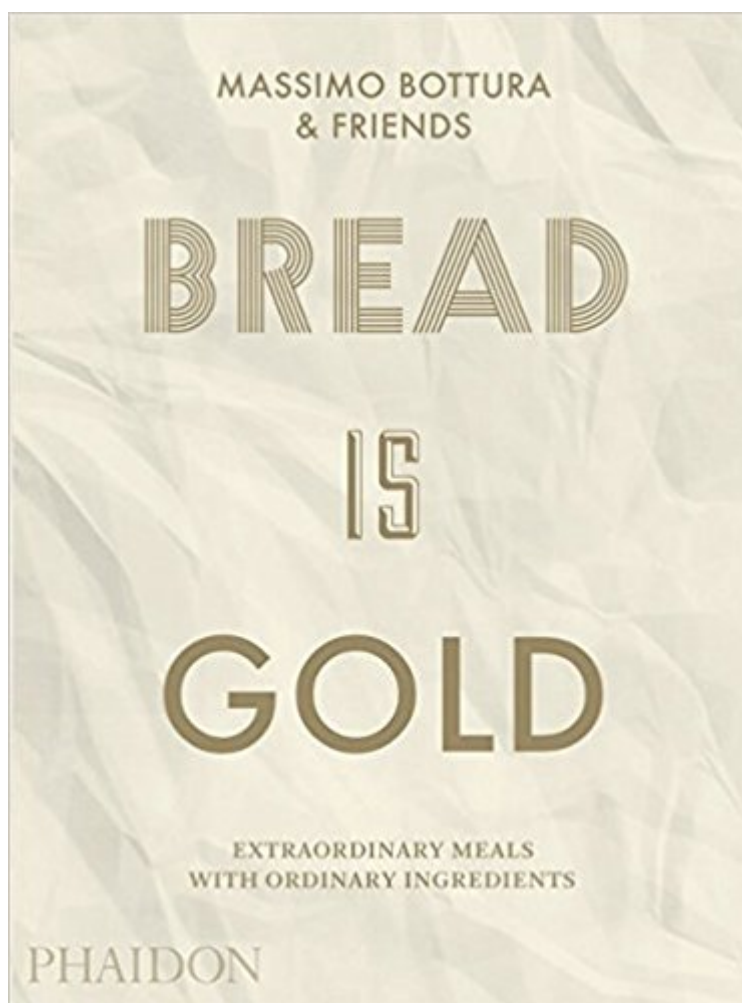


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# Bread Is Gold



## Synopsis

Massimo Bottura, the world's best chef, prepares extraordinary meals from ordinary and sometimes 'wasted' ingredients inspiring home chefs to eat well while living well. 'These dishes could change the way we feed the world, because they can be cooked by anyone, anywhere, on any budget. To feed the planet, first you have to fight the waste', Massimo Bottura. *Bread is Gold* is the first book to take a holistic look at the subject of food waste, presenting recipes for three-course meals from 45 of the world's top chefs, including Daniel Humm, Mario Batali, Ren  Redzepi, Alain Ducasse, Joan Roca, Enrique Olvera, Ferran & Albert Adri  and Virgilio Mart nez. These recipes, which number more than 150, turn everyday ingredients into inspiring dishes that are delicious, economical, and easy to make.

## Book Information

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## Customer Reviews

"More often than not, what we consider "waste" â be it a fish head or a broccoli core â has enormous culinary potential." â Dan Barber "The recipes are in fact super-accessible... *Bread is Gold* is worth it for Bottura's voice alone... He finds a way to pair the intellectual with the personal, and his voice is very clear and very warm." â Eater

Massimo Bottura is the chef patron of Osteria Francescana, a three-Michelin-star restaurant that he opened in 1995 in Modena, Italy, which was ranked #1 in the World's 50 Best in 2016. Massimo was interested in cooking from a young age. In 1986, he opened his first restaurant and subsequently developed his love of food while working for Alain Ducasse and Ferran Adri . Massimo has created Refettorios, soup kitchens that use excess food from supermarkets and local suppliers to provide

healthy, seasonal meals for people in need. He is the author of *Never Trust a Skinny Italian Chef*, which was also published by Phaidon. Recipes and three-course meals created by: Daniel Humm, Mauro Colagreco, Ren  Redzepi, Yoshihiro Narisawa, Enrico & Roberto Cerea, Yannick All no, Gast n Acurio, Andrea Berton, Davide Oldani, Sara Papa & Alberto Calamandrei, Antonio, Alberto & Giovanni Santini, Ugo Alciati, Mitsuharu Tsumura, Alain Ducasse, Viviana Varese, Luca Fantin, Daniel Patterson, Mark Moriarty, Joan Roca, Antonia Klugmann & Fabrizio Mantovani, Mat as Perdomo, Enrique Olvera & Carlos Garc a & Rudolfo Guzm n, Cristina Bowerman, Alessandro Negrini & Fabio Pisani, Giuseppe Palmieri, Andreas Caminada, Ferran & Albert Adri , Petter Nilsson, Carlo Cracco, Juan Mari Arzak, Michel Troisgros, Andoni Luis Aduriz, Jessica Murphy, Manuel & Christian Costardi, Alex Atala, Matt Orlando, Niko Romito, George Brown, Virgilio Mart nez, Jeremy Charles, John Winter Russell, Mario Batali, Ana Ros, Moreno Cedroni, Mauro Uliassi, Gennard Esposito, Carles Mampel, Antonio Bachour, Oriol Balaguer, Pino Cuttaia and Alice Delcourt.

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